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FOR IMMEDIATE RELEASE

Quail Botanical Gardens' Unique Summer/Fall Lineup Offer San Diegans Something Special

-Exceptional classes celebrate the connection between art and nature, offering topics on specialty gardening, painting, floral design and more-

ENCINITAS, CA – July 8, 2008 – Quail Botanical Gardens is pleased to announce its upcoming special events and classes for the late summer/fall season. Advanced registration and payment are required for all classes. Unless otherwise directed, please call (760) 436-3036 ext: 206 or email info@qbgardens.org for more information or for class registration.

Creating a Zen Garden for Southern California
Thursdays, July 10, 17, and 24, 7 – 9 pm
Saturday, July 26, 9 am – 12 Noon

Learn about the art of creating a Zen Garden suitable for Southern California from two well-known experts in the field, Phil Tackill and Van Moch Nguyen. On Saturday, students will visit the Self-Realization Fellowship Garden and the gardens of both instructors, all excellent examples of a Zen garden.

Cost: Members \$80, non-members \$100
Advance registration required. Call (760) 436–3036 x206.

Handmade Gourmet Chocolates
Wednesday, July 16, 7 – 9 pm

Learn how to make handmade gourmet truffles, chocolate bark and other edible chocolate delights. Taught by Amanda Ehrlich of Sinful Creations.

Cost: Members \$30, non-members \$35
Advance registration required. Call (760) 436–3036 x206.

Wood 'n Clay
Friday, July 18, 10 am – 3 pm

Create an unusual pine needle basket, attached to a ceramic base. All levels welcome. Materials provided by instructor and fiber artist Carol Lang.

Cost: Members \$50, non-members \$60 (plus \$15 materials fee)
Advance registration required. Call (760) 436–3036 x206.

Undersea Garden
Saturday, July 19, 9 – 10:30 am

Create your own undersea garden with guidance from master designer and originator of the concept, Jeff Moore, owner of Solana Succulents. All materials will be provided.

Cost: Members \$70, non-members \$80
Advance registration required. Call (760) 436–3036 x206.

Facial Sachet Scrubbies
Sunday, July 20, 1 – 4 pm

Here's an innovative way to gently wash your face...with little aromatic facial sachets. After learning which ingredients and proportions to use from Nadine Spier, students will make sachet "scrubbies" and fill them with a variety of organic dried herbs, quality soap and gentle exfoliants.

Cost: Members \$30, non-members \$35 (plus \$11 materials fee)

Advance registration required. Call (760) 436-3036 x206.

Book signing at Quail Botanical Gardens: Cacti, Agaves, and Yuccas

Sunday, July 27, 2 – 4 pm

Join Stephen Ingram for a presentation on his new book, *Cacti, Agaves, and Yuccas of California and Nevada*. Released in May, the book has 260 stunning color photos of over 60 species in bloom, many from San Diego County. A section is devoted to good choices for horticulture.

Cost: Free with admission to the Gardens.

Watercolor on Masa Paper: A Mixed Media Approach

Wednesday, July 30, 9:30 am – 4:00 pm

Create beautiful Nature themed mixed media paintings on Masa paper and canvas. Under the guidance of Helen Shafer Garcia, students explore batik techniques with Masa Japanese rice papers, dropped-in watercolor techniques, and collage along with acrylic varnish methods. Watercolor supply list available upon registration.

Cost: Members \$65, non-members \$75 (plus \$12 materials fee)

Advance registration required. Call (760) 436-3036 x206.

Creating a Garden Oasis

Saturday, August 2. 9:30 – 12 Noon

Ed Simpson, owner of Santa Fe Nursery, which specializes in water gardens, will show students how to create a simple water garden that will serve as an oasis in your drought tolerant landscape.

Cost: Members \$30, non-members \$35

Advance registration required. Call (760) 436-3036 x206.

Fairy Festival

Saturday, August 9, 10 am – 4 pm

Children ages 2 – 12 are invited to attend the first Fairy Festival at Quail Botanical Gardens. Wear your favorite fairy costume and join the parade at 11 am or 2 pm. Make a flower wreath and magic wand, create a fairy house and fragrant pillow. Enjoy fairy walks, stories, and much more. No reservations required. For more information call (760) 436-3036 x206.

Cost: Included in admission to the Gardens plus the purchase of activity tickets as desired.

Flower Photography Workshop

Saturday, August 16, 8:30 am – 2 pm

Learn proven techniques from nationally acclaimed flower photographer Bob Bretell such as the creative use of natural light under all conditions, artistic effects using movement and depth of field as well as exposure techniques. Photos will be projected and critiqued by the group and instructor. Bring a digital camera with a close-up lens or close-up filter, a tripod if you have one and a bag lunch. This class fills fast so sign up early.

Cost: Members \$65, non-members \$75

Advance registration required. Call (760) 436-3036 x206.

Docent Training Classes

Quail Botanical Gardens is offering a six-class series to train volunteers interested in becoming docents. Each three-hour class in the series is self-contained, thus you may begin with any class, but must attend all six to complete docent training.

August 20, 9:30 am - 12:30 pm, Succulents and Desert Gardens

For more information, please call (760) 436-3036 x206.

Five Flavors of Health

Saturday, August 23, 9 am – 1:30 pm

In this workshop, taught by herbal educator Charlotte Tenney, students will go on a plant ID walk and learn about the nutritional and health value of “functional food” plants and the five flavors of health—sweet, sour, bitter, salty, and pungent/spicy—which indicate the food’s health value. Learn how to make a salad of wild greens and herbs with freshly made salad dressing, along with bread served with herb butter. Handouts provided.

Cost: Members \$35, non-members \$40

Advance registration required. Call (760) 436–3036 x206.

Gourd Art

Friday, August 15, 10 am – 3 pm

Learn how to choose, clean, and cut your gourd from fiber artist Carol Lang. Then express yourself in dyeing, painting, pyroengraving (wood burning), and embellishing your one-of-a-kind gourd. You may make a bowl, birdhouse, or covered container. A demonstration of the use of basket weaving techniques for decorating gourds will be included.

Cost: Members \$50, non-members \$60 (plus \$15 materials fee)

Advance registration required. Call (760) 436–3036 x206.

Watercolor Workshop with Helen Shafer Garcia

Sunday, August 24, 9:30 am – 4 pm

Known for her beautiful paintings of plants, Helen will teach students a contemporary approach to watercolor focusing on garden botanical elements. The class will spend a portion of the time painting in the Gardens. A materials list will be supplied upon registration.

Cost: Members \$65, non-members \$75

Advance registration required. Call (760) 436–3036 x206.

Succulent Wreath Class

Tuesday, September 2, 9 am – 2 pm

Take home a beautiful succulent wreath that you make yourself in this class taught by the QBG wreath team. Bring clippers, water and a snack, and dress in layers since the class is held outside. Fee includes instructions, materials, and wreath form. This class fills up fast so sign up early.

Cost: Members \$55, non-members \$65

Advance registration required. Class size limited. Call (760) 436–3036 x206.

Saving Water and Money for your HOA

Friday, September 5, 8 am - 12 pm

Homeowner Association property managers, board members, landscape contractors, architects, designers, and other professionals are invited to attend a workshop at Quail Botanical Gardens to learn how to lower the water use at their sites. Learn why and how HOAs can save water from a panel of professionals and get information about the latest financial incentive programs from local water agencies.

Cost: Free. Brought to Quail Botanical Gardens by the Water Conservation Garden at Cuyamaca College.

Advance registration required. Call (619) 660-0614 x10.

Volunteer Orientation at Quail Botanical Gardens

Saturday, September 6, 9:30 – 11:30 am

Interested in an exciting and rewarding place to contribute your time? Learn the ins and outs of volunteering at Quail’s “Volunteer Orientation” and take a short tour of the Gardens. To RSVP, please call Kelly Kehoe at (760) 436–3036 x206.

Floral Design with David Root

Sunday, September 28, 2 – 4 pm

Watch and learn as David demonstrates the design process using unusual plant material and containers. Then create your own floral arrangement to take home. Bring a floral knife, clippers, wire cutters, and scissors. All other materials will be provided.

Cost per workshop: Members \$55, non-members \$60 (includes all floral materials)

Advance registration required. Call (760) 436–3036 x206.

Cooking Classes with the Opera Singing Chef, Elizabeth Podsiadlo

Chef Elizabeth Podsiadlo has been a personal chef and cooking instructor in San Diego for twelve years. Her love for preparing good food runs a close second to her love of music, and she performs regularly as a vocal artist in many of San Diego's downtown hotels and restaurants. Recipes and tastings will be offered for each dish. Cost per class: Members \$25, non-members \$30. Advance registration is required. Call (760) 436-3036 x206.

Johnny Appleseed's Sweet Legacy

Saturday, September 20, 1:30 – 4 pm

Learn tips to a great crust and how to select the best apples—purchased or hand-picked. Also being taught is Pumpkin Lasagna. This dish has incredible depth of flavor and textures, made with pumpkin, nuts, ricotta and layers of apples that when baked together make a wonderful Fall main course. Taste the difference between apple cider and apple juice and learn an easy recipe for turning them into spiced hot drinks for the upcoming colder season.

Children's art workshop: Artist of the Season: Van Gogh's Sunflowers

Sunday, September 21, 1 – 3 pm

Children ages 8 – 12 are invited to explore the world of sunflowers. Learn the botany of this complex flower, munch on chocolate covered sunflower seeds, and paint a picture of sunflowers a la Vincent Van Gogh. Students will use unconventional tools and techniques to produce a large Van Gogh masterpiece suitable for framing, while painting al fresco in the Herb Garden. Bring your own smock or apron and wear old clothes. All other supplies provided.

Cost: Members \$20 per child, non-members \$25 per child

Advance registration required. Space is limited. Call (760) 436–3036 x206

About Quail Botanical Gardens

Set on 30 acres in north coastal San Diego County, Quail Botanical Gardens' mission is to inspire people of all ages to connect with plants and nature. By combining a variety of gardens with more than 3,500 plants, trails and native habitat, Quail Botanical Gardens provides an oasis of peace and tranquility within a growing city. Quail Botanical Gardens' is a 501(c)(3) charitable organization. For more information on future events and educational programs, visit www.qbgardens.org.

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